ACTIVITY BOOK
FOR CHILDREN
(3-4 YEARS)

Ministry of Women and Child Development
Government of India
New Delhi

SEPTEMBER, 2017
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What is this activity books all about?

This is a prototype of an activity book which can be used as a guide while developing state specific activity books for 3-4 year old children. This prototype includes worksheets which support the development of fine motor, creative and cognitive skills for young children. This activity book covers the progression of concepts and skills that are age and developmentally appropriate.

Adaptation guidelines

1) States should align this activity book with the state ECE curriculum.
2) Activities should be planned to reinforce spiral and graded learning while catering to all domains and skills.
3) Contextually relevant pictures, letters and words may be added during adaptation.
4) Incorporating themes in every activity sheet is not necessary.
5) The Anganwadi Worker should be given orientation during training on the content of the activity book and how it can be used in the classroom to foster children’s learning and development needs, not as a substitute for but as a supplement to other interactive group and individual activities.
6) The assessment cards should be linked with the activity book so that Anganwadi Worker can observe some related indicators and use the child's output for assessment, in addition to other forms of assessment.

Do's and Don'ts in use of activity books (For Anganwadi Worker)

1) Please note that activity book should not be seen as a replacement of classroom processes, but only as a means to reinforce concepts. Children learn concepts and vocabulary through a process of first engaging with the environment, with objects, with other persons and with materials through concrete activities and experiences. Then only can they transfer that learning to the next level by engaging with symbolic representation of these objects/experiences through pictures and symbols, for which activity books are helpful.
2) Be flexible and conduct a given activity according to the child's needs and pace of learning.
3) Please don't force young children to complete the worksheet neatly or within a stipulated time. Allow them to do their best in their own preferred way, since each child has different interests and abilities.
4) It is advised not to use activity books every day. Two worksheets per week are enough to engage young children.
5) Talk about the worksheet first and give clear instructions to children.
6) Please show the activity books to parents which will help them gain an understanding of an age appropriate program as well as insights on their child's progress.
7) Do not grade children or allocate marks since the child should not feel that they are being tested while working on the activity book.

Designed by:
UNICEF India and CECED, Ambedkar University Delhi
• Introduce and talk to the child about apples.
• Ask the child to colour the picture of the apple.

Date ______________________

Parent’s Signature

AWW Signature
Instructions

- Introduce and talk to the child about mangoes.
- Ask the child to colour the picture of the mango.
Free drawing

Instructions
- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.
Concept of Distance

Instructions:
- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture in which the crow is closer to the pot.
- Ask the child to circle the picture in which butterfly is farther away from the flower.

Date ______

Parent's Signature

AWW Signature
**Trace and Colour**

**Instructions**

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.
Concept of Length

Instructions
- Introduce and talk about both sets of pictures to the child.
- Ask the child to circle the picture of the short branch.
- Ask the child to circle the picture of the long leaf.
Collage Work

Instructions

- Introduce and talk about cauliflowers to the child.
- Ask the child to paste cotton in the picture of the cauliflower.

Date __________________

Parent's Signature

AWW Signature
Trace and Colour

Instructions
- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

Date ______

Parent's Signature

AWW Signature
Concept of Space

Instructions
- Introduce and talk about both sets of pictures to the child.
- Ask the child to circle the picture in which the man is sitting in the car.
- Ask the child to circle the picture in which the fruits are outside the basket.
Free drawing

Instructions
• Ask the child to draw anything s/he feels like.
• Write the name of the object drawn by the child and talk to her/him about it.

Parent's Signature

AWW Signature
Concept of Size

Instructions
- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture of the big ball.
- Ask the child to circle the picture of the small umbrella.
- Ask the child to circle the picture of the big letter box.

Date ____________________

Parent’s Signature

AWW Signature
• Introduce and talk about butterflies to the child.
• Ask the child to colour the picture of the butterfly.
Concept of Colour – Red

• Introduce the colour red and talk about red coloured objects in the surroundings.
• Talk about all the pictures above.
• Ask the child to circle all of the red coloured objects.

Parent’s Signature

AWW Signature
• Introduce the sheet to the child.
• Ask the child to discover the picture by joining the dots and colour the picture.
Sense of Taste

Instructions
• Introduce and talk about the taste of different food items.
• Ask the child to circle the food items which are sweet.
Free drawing

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.
Similar Object Matching

Instructions
- Introduce all the pictures above.
- Ask the child to match similar looking objects.

Date ______________________

Parent's Signature

AWW Signature
Collage Work

Instructions

- Introduce and talk about trees to the child.
- Ask the child to tear and paste paper in the picture of the tree.

Date ________________________

Parent's Signature

AWW Signature
Concept of Length

Instructions
- Introduce and talk about both sets of picture to the child.
- Ask the child to circle the long train.
- Ask the child to circle the short pencil.
Complete the Picture

Instructions
- Introduce and talk about the picture of the car to the child.
- Ask the child to spot the differences in the two pictures and complete the incomplete picture.
Concept of Thick and Thin

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the thick brinjal.
- Ask the child to circle the thin rope.
- Ask the child to circle the thick bottle gourd.

Date __________

Parent's Signature

AWW Signature
**Trace and Colour**

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

**Instructions**

**Parent's Signature**

**AWW Signature**
Concept of Space

Instructions
- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture in which the cat is above the table.
- Ask the child to circle the picture in which the ball is under the chair.

Parent's Signature

AWW Signature
Thumb Printing

**Instructions**

- Introduce and talk to the child about ducks.
- Ask the child to put her/his thumb impression in the picture of the duck.

**Date**

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Parent’s Signature 24 AWW Signature
Concept of Thick and Thin

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the thick book.
- Ask the child to circle the thin candle.
• Introduce and talk to the child about ice cream.
• Ask the child to colour the picture.
Concept of Distance

Instructions
- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture in which the rabbit is closer to the carrots.
- Ask the child to circle the picture in which the bird is farther away from the tree.
Free drawing

Instructions

- Ask the child to draw themselves.
- Write the names of the body parts drawn by the child and talk to her/him about them.
Concept of Colour – Blue

- Introduce the colour blue and talk about blue coloured objects in the surroundings.
- Talk about all the pictures above.
- Ask the child to circle all of the blue coloured objects.
Collage Work

Instructions

- Introduce and talk about clouds to the child.
- Ask the child to paste cotton in the picture of the cloud.
Concept of Space

Instructions
- Introduce and talk about both sets of pictures to the child.
- Ask the child to circle the picture in which the boy is standing behind the house.
- Ask the child to circle the picture in which the chair is in front of the table.
Concept of Colour – Yellow

- Introduce the colour yellow and talk about yellow coloured objects in the surroundings.
- Talk about all the pictures above.
- Ask the child to circle all of the yellow coloured objects.

Parent's Signature

Date

AWW Signature
Concept of Shape – Circle

Instructions
- Introduce the shape of a circle and talk about circular objects in the surroundings.
- Ask the child to tick all of the circular objects above.
Thumb Printing

Instructions
- Introduce and talk about fish to the child.
- Ask the child to put her/his thumb impression in the picture of the fish.

Date ____________________

Parent's Signature

AWW Signature
**Problem Solving (Maze)**

- Introduce the picture of the rabbit and the path within the maze.
- Ask the child to take the rabbit to the carrots through the path while not touching the borders.
Functional Association

- Introduce and talk about all of the objects above.
- Ask the child to match the related/associated objects.

Instructions

Parent's Signature

AWW Signature
Concept of Numbers

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture with more cauliflowers.
- Ask the child to circle the picture with less brinjals.
- Ask the child to circle the picture with less onions.

Date ____________________

Parent’s Signature ____________________

AWW Signature ____________________
Free drawing

• Ask the child to draw anything s/he feels like.
• Write the name of the object drawn by the child and talk to her/him about it.
Concept of Shape – Triangle

Instructions
- Introduce the shape of a triangle and talk about triangular objects in the surroundings.
- Ask the child to tick all of the triangular objects above.
Complete the Picture

Instructions:
- Introduce and talk about the picture to the child.
- Ask the child to spot the differences in the pictures and complete the incomplete picture.

Date

Parent’s Signature

AWW Signature
Concept of Space

Instructions:
• Introduce and talk about both sets of pictures to the child.
• Ask the child to circle the picture in which the cat is out of the box.
• Ask the child to circle the picture in which the flowers are inside the vase.
Problem Solving (Maze)

- Introduce the picture of the girl, ball and the path within the maze.
- Ask the child to take the girl to the ball through the path while not touching the borders.
Concept of Shape – Rectangle

- Introduce the shape of a rectangle and talk about rectangular objects in the surroundings.
- Ask the child to tick all of the rectangular objects above.
Free drawing

Instructions:
- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.
Similar Shape Matching

- Introduce and talk about all of the pictures above.
- Ask the child to match the objects with similar shapes.

Date ____________________________

Parent's Signature ____________________________

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AWW Signature ____________________________
Similar Colour Matching

Instructions:
- Introduce and talk about all of the pictures above.
- Ask the child to match objects of the same colour.
Concept of Numbers

Instructions
- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture with more cups.
- Ask the child to circle the picture with less pencils.
- Ask the child to circle the picture with less roses.
Shape Object Matching

- Introduce and talk to the child about different shapes (circle, rectangle and triangle).
- Ask the child to match shapes with similar looking objects.

Parent's Signature

AWW Signature