

F.No. 6-34/2012-RGSEAG
Government of India
Ministry of Women & Child Development

Shastri Bhawan, New Delhi
Dated: 3.2.2012

To,

The Principal Secretaries/Secretaries/Administrators, Women and Child Development
Department dealing with *Sabla* (all States/UTs)

**Subject:- Instructions regarding IFA supplementation to Adolescent Girls under *Sabla*
- reg.**

Madam, Sir

This has the reference of this Ministry's letter of number 6-12/2010-RGSEAG dated 27.9.2010 forwarding therewith the Scheme *Sabla* and letter No. 6-11/2010-RGSEAG dated 8.4.2011 forwarding therewith the guidelines for implementation of *Sabla*.

2. It is informed that as per the approved guidelines of Weekly Iron and Folic Supplementation Scheme (WIFS), weekly dose of 100 mg. Iron and 500 mg Folic Acid is to be given to adolescent girls i.e. IFA supplementation is to be given only once a week to adolescent girls not twice a week. This is to be followed under *Sabla* also for IFA supplementation. Accordingly, earlier specified instructions to provide 100 *adult* tablets of IFA to each beneficiary through supervised consumption (para 10 (ii) of the scheme *Sabla*. stands revised as enumerated below:-

...Weekly dose of 100 mg. Iron and 500 mg Folic Acid is to be given to adolescent girls i.e. IFA supplementation is to be given only once a week to adolescent girls under *Sabla* not twice a week.

3. States/UTs are requested to establish convergence with the Ministry of Health & Family Welfare to provide tablets of IFA to each beneficiary.

Yours sincerely,



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Copy to:

1. Ms. Anuradha Gupta, Joint Secretary, Ministry of Health & Family Welfare, Nirman Bhawan, New Delhi.
2. Director dealing with *Sabla* (All States/UTs).



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