Cognitive analytics – health applications

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SOURCE: RAY KURZWEIL, "THE SINGULARITY IS NEAR: WHEN HUMANS TRANSCEND BIOLOGY", P.67, THE VIKING PRESS, 2006. DATAPOINTS BETWEEN 2000 AND 2012 REPRESENT BCA ESTIMATES.



Cognitive analytics in health lags

- Of all global data generated globally each year, an estimated 30% is health data
- Yet cognitive analytics in health is nascent
- In developing countries, examples are scarce and met with skepticism
- Misperceptions of effort and investment needed
- Unaddressed privacy concerns
- Lack of electronic medical records exacerbates problem
- Lack of patient-reported health outcomes a further challenge
- But, examples have started to emerge primarily in clinical and private health care



> Yet the time is ripe for cognitive analytics in health

- Improvements in computing power which doubles every year
- Ubiquity of cloud computing
- Improvements in natural language computing
- Expansion of electronic health records
- Combined payments and clinical data, with adequate privacy shields
- Increased health data from healthcare and personal devices
- Growth in genomic sequencing databases





McKinsey, 2013

Informed lifestyle choices that promote well-being and the active engagement of consumers in their own care

Disease prevention

- Several health insurers offer discount for wearing linked fitness band, further discounts for meeting exercise targets – and provide individually tailored health advice
- Data-enabled adherence
- Virta diabetes smartphone app monitors glucose, weight, blood pressure, activity diet, energy and mood and provides individually tailored patient management, enabling 87% of patients to reduce or eliminate insulin – matching highly invasive bariatric surgery. Such apps could reduce US diabetes costs by \$100 million annually

RIGHT

Evidence-based care that is proven to deliver needed outcomes for each patient while ensuring safety

Proven care pathways

- Artificial intelligence (IBM Watson, Microsoft Hanover) already complements radiological, heart disease and cancer screening and patient management
- MIT and Stanford deep learning algorithms support ICU staff to predict and manage patients at risk of imminent emergencies

Coordinated care

- Simple informatic-based care coordination enabled Scotland's health providers to collaborate to monitor and manage diabetes patients, reducing amputations by 30%. Similar informatics enabled Finland to reduce COPD hospitalization by 40%
- Lumiata developed artificial intelligence tools for risk management and care coordination. Using such tools, St Francis Healthcare Partners, Connecticut reduced re-hospitalization by 30%



Care provider (e.g., nurse, physcian) and setting that is most appropriate to deliver prescribed clinical impact

 Artificial intelligence solutions match patients to the right providers (nurse, physician, specialist) and care settings for the best outcomes.



RIGHT /ALUE

Sustainable approaches that continuously enhance healthcare value by reducing cost at the same or better quality



- Accolade and Health Advocate artificial intelligence solutions help patients to identify the best value medical and pharmaceutical services, keeping annual cost increases below 1%
- Kaiser Permenante's HealthConnect platform reduced office visits by 26% and increased telephone consultations 8-fold
- New smart senior living homes enable clients to remain in their homes, where smart sensors enable nurses to remotely track their falls, activity, sleep and eating and to provide support as required, reducing hospitalization and improving quality of life
- Artificial intelligence may transform task shifting and primary care, providing nurses and front-line workers with highly specialized, remote cloud based decision support capabilities

IEALT

Innovation to advance the frontiers of medicine and boost R&D productivity in discovery, development, and safety

 Al is pinpointing priority innovations and accelerating drug discovery though better bio-process predictive modeling, expanded (social media) yet better targeted (genetic) trial recruitment and real-time trial safety monitoring

Potential US savings from cognitive analytics

VALUE AT STAKE	VALUE (US\$ BILLION)	KEY DRIVERS OF VALUE
RIGHT LIVING	70–100	Targeted disease preventionData-enabled adherence programs
RIGHT CARE DDD	90–110	 Alignment around proven pathways Coordinated care across providers
RIGHT PROVIDER	50-70	 Shifting volume to right care settings Reducing ER/readmit rates
RIGHT VALUE	50–100	 Payment innovation and alignment Provider-performance transparency
RIGHT INNOVATION	40-70	 Accelerating discovery in R&D Improving trial operations

300-450



Supervised learning: classification

- Extensively used in medical diagnostics utilizing MRI/CT scans to detect cancer tissue, clogged arteries, and more
- Machine learns to identify which tissues are cancerous.
- Popular uses in contemporary times include handwriting and speech recognition, spam detection



"Deep Learning Drops Error Rate for Breast Cancer Diagnoses by 85%"



Image and quote source: Harvard Medical School and MIT's winning entry in the Camelyon16 ISBI challenge on cancer metastasis detection in lymph nod

Supervised learning: regression

- Applications range from prediction of life expectancy and infection rates, to market predictions
- Machine identifies which factors are statistically significant (developmental indicators such as sanitation, GDP, health expenditure) and determines correlation between factors



⁴Using the entire subset of 21 factors, the model predicts life expectancy with 89.7% accuracy



Actual life span

Semi-supervised learning

- Most common example is ranking models for search engines
- Search results are ranked based on "relevance"
- Initial factors of relevance are coded by humans
- Machine learns relevance as it gets more inputs from users

Larry's Greatly Simplified Machine Learning Diagram* **User Query Entered** Initial Ranking Based on Conventional **Ranking Factors & Signals.** Rats. Next Time I **Did The** Great. Next Time See Queries Like See a Query Like Result This, I'll Try Some Satisfy The This, I'll Put This Other Page User? Page at the Top. *Note: Not Official Google Diagram.

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Semisupervised Learning

Semi-supervised learning

- Currently being used in the extraction of electronic phenotypes from patient health records
- These phenotypes are paired with genetic data to identify genes underlying common human diseases
- Unsupervised learning occurs on the full list of patients to identify patients with a particular disease
- This is followed by supervised learning to fine tune genetic association of diseases





Semisupervised Learning

Unsupervised learning: dimensionality reduction

- Especially important in big data visualization (presence of a large number of dimensions)
- These unsupervised algorithms preserve the variance and characteristics of data while making it easier to be analyzed and visually represented



Fig: Application of viSNE (software to map high-dimensional cytometry data onto 2D plots, while conserving the structure) Image shows a healthy human bone marrow sample, stained with 13 markers and measured with mass cytometry. Despite removing 4 canonical markers (right), viSNE separates most major subtypes using the remaining 9 channels.



Image source: "viSNE enables visualization of high dimensional single-cell data and reveals phenotypic heterogeneity of leukemia", El-ad David Amir, Kara L Davis, Michelle D Tadmor, Erin F Simonds, Jacob H Levine, Sean C Bendall, Daniel K Shenfeld, Smita Krishnaswamy, Garry P Nolan & Dana Pe'er. Nature Biotechnology 19 May 2013; doi:10.1038/nbt.2594

Unsupervised learning: clustering

- Used frequently in online targeted marketing and by social networking sites
- Facebook's "mutual friends" uses clustering algorithms and suggests "People you may know"





Unsupervised learning: clustering

- Used frequently where output data is unreliable or absent, and inferences have to be made only using input data
- For instance: clustering patients into those who have diabetes and those who don't, when the actual diagnosis isn't known
- Using only input factors (age, weight, blood pressure, etc.) the program clusters patients based on similarities in attributes







Source: "Step by Step to K-Means Clustering". Hanlei Zhu. Healthcare.a age credit: "2014/365/307 Eight Bottles" by Alan Levine (@cogdog on Flickr). CC BY 2.

Anomaly detection

- Used extensively by financial institutions e.g. banks, credit card companies
- Transactions are run through algorithm in real time, assessing probability of fraud based on trustworthiness of vendor, prior purchasing behavior, IP address of transaction, etc
- Anomalies in these factors immediately cause the transaction to be marked as fraudulent



Anomaly Detection



Anomaly detection

- Used extensively in wearable tech, such as blood pressure and heart rate monitors
- Critical to distinguishing faulty readings from actual emergency situations





auri, SandeepSnarma. Procedia Computer Science, Volume 70, 2015, Pages 325mage credit: "Day 51 - 50!" by Simon James (@bearpark on Flickr). CC BY-SA388

Anomaly <u>Detec</u>tion

Reinforcement learning

- Being used in automated navigation systems, games, manufacturing, etc.
- Allows software agents and machines to automatically determine the ideal behavior within a specific context, to maximize its performance
- In the case of autonomous vehicles/robots, reinforcement learning is helping in decision making, speeding up the perception-to-decision process

Reinforcement Learning





Reinforcement learning

- Systems process information, automatically decide on an action, and then compare the outcome against a "reward" definition
- Being used to optimize and increase the precision of tumor classification in medical imaging



Reinforcement Learning



ge credit: "Bottom_view_1" and "Dye_enhanced_bottom_view" by Eric Lewis (@subewl on Flickr). CC BY

rdoso de Paiva, Areolino de Almeida Neto, January 1st 2008, DOI: 10.5772/52

Potential of Big Data To Improve National Nutrition Mission

Importance of ICDS-CAS

- ICDS-CAS is a major initiative; amongst the largest digital health initiatives globally
- However, its full potential is currently untapped as dashboards rely heavily on the analytical ability of the user to interpret and use data for decision making

It can be taken to the next level by incorporating cognitive computing



Role of cognitive computing in ICDS-CAS

- Anomaly detection: outlier AWCs and AWWs for learning and additional support
- Identify key problems in the ICDS-CAS and pre-emptively address technical challenges quicker than through manual review of helpdesk records
- Targeting of performance improvements: Identify best and worst performing AWCs
- Clustering of types of beneficiaries:
- Predicting future outcomes in health outcomes amongst mothers and children
- Correlate education, health and other data with health outcomes of beneficiaries
- Correlate AWW behaviour and daily tasks with health outcomes of beneficiaries
- Identify AWCs for data auditing to improve quality of routine data world BANK GROUP

Caveat: Cognitive analytics means data must be up-to-date

- Declining value of static data
- Potential of the ICT-RTM + to replace other data: only if such data are current
- Data fundamentals quality, relevance, verification and use – don't disappear in face of big data – no magic bullet



